



INTERPROFESSIONAL PERSON-CENTRED ASSESSMENT AND REFERRAL/DISCHARGE REPORT

1. Facility: _____

2. Name / _____ Gender: _____

Folder no: _____ Date of birth (age): _____

Address: _____ Occupation: _____

Tel: _____

3. **Current health problems / health conditions / health status**
(Including method of injury, onset, progression, previous treatment, medication)

4. **Medical history** *(e.g. chronic diseases, previous episodes, previous injuries)*

5. **Social history** *(e.g. social determinants of health, grants)*

6. Outcome level:	5: Productive activity	4: Community reintegration	3: Residential integration	2: Physiological maintenance	1: Physiological stability	0: Physiological instability
Initial assessment Date:						
Discharge / Referral Date:						

7. **Special investigations** *(HIV, TB, X-rays, etc.)*

8. **Reason for referral** *(if applicable)*

10. FUNCTIONING

Describe the relevant life areas according to how the person performs during an assessment and/or how the person performs in his/her usual environments (e.g. home, school, community, work).

Domain	Performance (strengths & restrictions)	Actions Needed/Taken:
Learning and applying knowledge (listening, learning, focusing attention, thinking, making decisions)		
General tasks & demands (undertaking single/multiple tasks, carrying out daily routine, handling stress)		
Communication (receiving and producing messages: spoken, nonverbal, formal sign language, written, devices)		
Mobility (changing and maintaining body position, carrying, objects, walking, moving using transport)		
Self-care (washing oneself, caring for body parts, toileting, dressing, eating, drinking, looking after health)		
Domestic life (acquisition of necessities, place to live, goods, preparing meals, household tasks, assisting others)		
Interpersonal interactions and relationships (formal, family, intimate relationships)		
Major life areas (education, work and employment, economic life)		
Community, social & civic life (community life, recreation, leisure, religion, spirituality, human rights, political)		

11. ENVIRONMENTAL FACTORS

Physical, social and attitudinal factors, external to the individual, that make it easier to function well (facilitators), or if present, are barriers to the way the person lives and conducts his/her life.

Domain	Facilitator (+) Barrier (-)	Actions Needed/Taken
Products & technology (for consumption (food, medication), for use in daily living, mobility, transport, education communication, employment, culture, etc.)		
Physical environment (neighbourhood, housing, sanitation, roads, light, noise, air quality, etc.)		
Support, relationships and attitudes (from immediate/extended family, friends, employer, health professionals, etc.)		
Services, systems and policies (health, housing, transportation, social security, labour, etc.)		

12. Personal factors (positive and negative) influencing health

Background of individual's life and living, which comprise features of the individual that are not part of a health condition or health states. These factors may include gender, race, age, other health conditions, fitness, lifestyle, habits, upbringing, coping styles, ideas, fears, expectations, social background, education, profession, past and current experience (past life events and concurrent events), overall behaviour pattern and character style, individual psychological assets and other characteristics, all or any of which may play a role in disability at any level.

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13. PERSON-CENTRED GOAL SETTING AND SHARED DECISION-MAKING

Priority list / unresolved issues	Actions taken/needed

14 Name of Health Professional(s)	Signature	Professional number	Date and time: