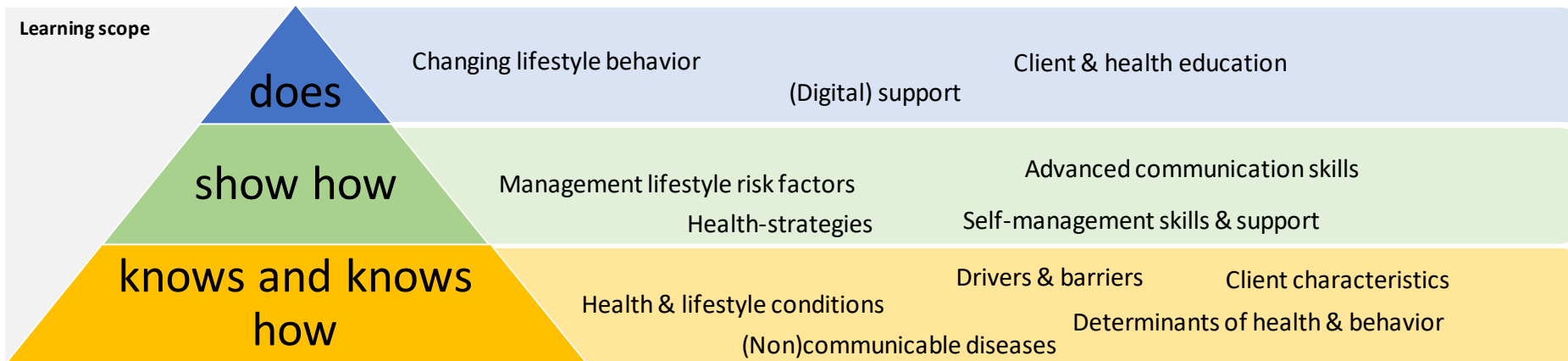


Guideline of Health Literacy for Physiotherapy in Higher Education

Guiding principles

- Physiotherapy in higher education integrate health literacy fully in their curriculum.
- Health literacy learning systematically connected from undergraduate through to the healthcare workplace and follows a competence orientated approach.
- Health literacy extends from the individual to the societal level (micro-, meso- and macro level) and encompasses health care, disease prevention, and health promotion.
- On the micro-level health literacy focusses on the direct interaction between the health care provider and clients.
- The meso-level includes the organization of care, with a particular focus on optimizing existing structures and processes.
- *The macro-level includes, in particular, policy and related activities at the organizational or national level and for this it is not considered in the framework.*
- Health literacy education will be assessed through the questionnaire "Health literacy consultation skills before/after training".



	Micro-level	Meso-level
Operational tasks	<ul style="list-style-type: none"> ▪ Perform and adjust effective communication to clients with limited HL ▪ Investigate lifestyle conditions and risk factors with respect to the health status of clients with limited HL ▪ Apply health-related educational skills to clients with limited HL ▪ Support behavioral change and self-management of clients with limited HL ▪ Apply and adjust digital technologies to clients' level of HL to enable self-management 	<ul style="list-style-type: none"> ▪ Improve organizational structures related to HL ▪ Improve communicational management related to HL